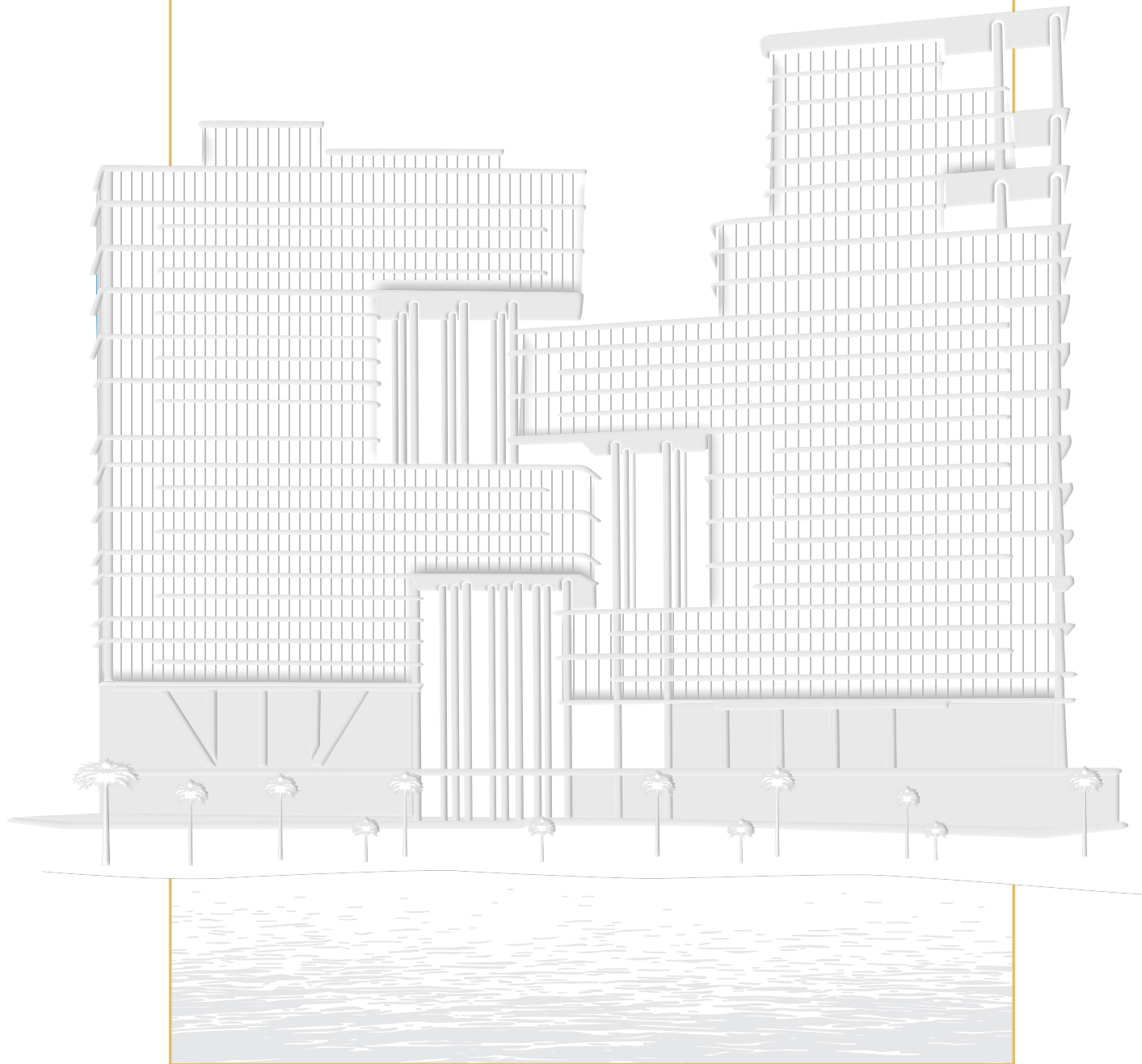


SDIRA
DIORA
THE LANA
DUBAI





SUMMARY

1	THE WELLNESS STOPOVER AT ITS PEAK	
	THE LANA AND THE HOUSE OF DIOR	P. 8
	DIOR SPA PHILOSOPHY	P. 12
2	THE DIORITUALS	
	DIOR STONE THERAPY	P. 17
	ESCALE AT THE LANA	P. 17
3	THE FACE	P. 20
4	THE BODY	P. 24
5	DIOR SPA THE LANA EXPERIENCES	
	WELLNESS THERAPIES	P. 28
6	PRICE LIST	P. 33
7	TERMS & CONDITIONS	P. 36



THE WELLNESS STOPOVER AT ITS PEAK

THE LANA AND THE HOUSE OF DIOR

Two iconic Houses united by the same quest for luxury, dreams, and the highest standards, meet. In this unmissable Dubai hotel, Dior Spa The Lana stands out as an exceptional place.

“Couturiers embody one of the last remaining havens of magic. They are in some way the masters of dreams...”
Christian Dior

Monsieur Dior had a feeling for all the magic and marvel that characterises Dubai so well. This city embodies openness and travel like no other, dazzling the visitor.

Imbued with the same tremendous desire to see everyone experience unique and memorable instants and emotions, Dior Spa anchors itself in the heart of Dubai. On the 29th floor of the architectural icon, this sensory haven combines the ultimate wellbeing experience with enchantment and effectiveness, all overlooking the Burj Khalifa. Let yourself be transported to the heights of wellbeing. Welcome to Dior Spa The Lana.



THE WELLNESS STOPOVER AT ITS PEAK

DIOR SPA PHILOSOPHY

At Dior Spa, beauty arises from balance: a delicate fusion of mind and body, inspired by Christian Dior's timeless vision: "I wanted to make women not only more beautiful, but also happier." Dior Haute-Wellness embodies this philosophy, uniting expert craftsmanship with innovation to immerse each guest in the heritage and spirit of the House.

With a commitment to **High Definition**, each treatment is designed with absolute precision to meet individual needs. A tailored diagnostic ensures a thorough understanding of the skin and body, allowing for highly personalized care that enhances natural radiance.

Blending **High Technologies** and expert techniques, Dior Spa treatments work in perfect synergy to rejuvenate the skin, sculpt the silhouette, and illuminate the face. Advanced devices enhance each ritual, delivering visible and lasting results while promoting deep relaxation of the mind.

At the heart of this transformation lies the **High-Touch** expertise of the Wellness Experts, who perform meticulously choreographed rituals designed to awaken the senses and restore harmony. The mastery of the "Dior Hands," enhanced by modern innovation, creates an immersive and multi-sensory journey that elevates both beauty and well-being.

A haven of serenity and refinement, Dior Spa redefines self-care: it is an invitation to transcend the ordinary, enveloping each guest in an exceptional, couture-inspired experience where luxury meets performance and well-being becomes an art.





THE DIORITUALS

THE DIORITUALS



Designed and dreamed especially for Dior Spa The Lana, these two exclusive treatments are inspired by elements specific to this exceptional place. In treatment rooms with spectacular views, they reveal the full holistic dimension of the Dior philosophy, pushing the sensory frontiers and delivering high-tech effectiveness while ensuring a highly memorable experience.

DIOR STONE THERAPY

FACE & BODY – 120 MIN

This precious all-over treatment aims to harmonize energy flow during a massage covering the face, back, stomach and feet, elevated by precious stones selected for their properties. Facial glow is enhanced thanks to the leading Dior sapphire crystal Micro-Abrasion technology combined with the Dior Skin Light LED therapy mask.

ESCALE AT THE LANA

BODY – 90 MIN

A tribute to the first Dior Spa set high in the sky, this unique, Japanese-inspired ritual provides a relaxing experience that defies the laws of gravity. Carried out on a futon on the floor, it releases the muscles and the mind equally, leaving guests completely transported. The treatment offers a unique technique combining pressures, friction, and percussive therapy, while also stretching every limb, in combination with slow, deep and memorable movements, from head to toe. Muscle and joint tension flees, leading to an immense feeling of beneficial calm. Lastly, a precise, sensory choreography takes the guest into a ballet of sheets, for a promise of total disconnection.

WELLNESS ADD-ON*

PRIVATE RELAXATION

30 MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

* As an exquisite preliminary, each treatment begins with a foot ritual. Inspired by reflexology, this energizing massage increases the benefits of every Dior protocol. It boosts circulation while providing a sensation of lightness in the feet as well as the legs. The body and mind immediately feel weightless.



THE FACE

THE FACE



A carefully chosen selection of essential and ultra-targeted treatments to revitalise all skin types. The skilfull beauty techniques of our Dior Wellness Experts come together in these extraordinary rituals, to enhance the skin and deliver lasting results

WELLNESS ADD-ONS

MICRO-ABRASION BOOSTER

FACE- 30MIN

An exfoliating interlude with a spectacular anti-aging promise that stimulates deep skin regeneration combined with photostimulation to amplify the results. The face is instantly illuminated.

PRIVATE RELAXATION

30MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

BACK RELEASE

BACK - 30MIN

A tailor-made massage: a relaxing back massage with enveloping gestures allowing deep relaxation and letting go.

FOOT RELIEF

FEET - 30MIN

Inspired by reflexology of the feet, this energising massage enhances any body or facial treatment. As well as boosting circulation, it leave:s an exquisite feeling of lightness in the legs and feet. The body and mind feel as if they are weightless.

DIOR SKIN LIGHT LED THERAPY

FACE - 15MIN

Boost your facial or body treatment with the powerful properties of red LED light. At the end of the session, skin is relaxed and repaired, and its metabolism is rebalanced. Under the beneficial effect of light, the mind is soothed, and harmony is restored.

D-SCALP

HEAD - 15MIN

Release all tension from head to toe with a unique scalp massage. Targeting specific tension points on the scalp, the wellness experts will leave you feeling completely relaxed.

GOLDEN AURA

FACE – 90 MIN

Dior redefines facial radiance with a luxurious and rejuvenating treatment that gently stimulates the skin, enhancing blood circulation and promoting lymphatic drainage. Rhythmic motions work to release tension, reduce puffiness, and encourage the flow of oxygen rich blood to the skin's surface. This process revitalizes the complexion, revealing a radiant, glowing face. The skin appears naturally luminous, with a healthy, youthful glow from this indulgent self care ritual.

KOBI-DIOR

FACE – 60 MIN OR 90 MIN*

The high-performance sculpting treatment that lifts, plumps and releases tensions from the face, neck, and upper back.

After a two-step detox prelude protocol activating lymph nodes to drain fluids, using manual techniques, and microstimulation, skin is now ready to receive a powerful muscular facial massage.

Inspired by the Japanese Kobido technique, this sculpting massage uses a series of precise rhythmic gestures and acupressure to reshape the muscular structure of the face. This approach is enhanced by the targeted use of a patented microstimulation technology, and cryo stones to amplify the expert's intuitive touch for unrivalled results in wrinkle reduction, a lifted plumped and tension free face.

**Only the 90-minute version of this treatment includes drainage techniques with Icoone Therapy (microstimulation).*



FACE

DIOR POWERED BY HYDRAFACIAL

FACE – 60 MIN OR 90 MIN

Dior combines its Floral Science with cutting-edge Hydrafacial™ hydra dermabrasion technology.

Following a two-step detoxification preparation to stimulate lymph node drainage, an invigorating massage is performed to enhance tissue suppleness, activate microcirculation, and promote cell oxygenation. The skin is now ready to be cleansed and exfoliated, to purify the epidermis in depth, enhanced by Dior Floral Peeling Lotion. As a final touch, a boost of LED light is diffused to repair, tone, reduce fine lines and soothe any redness. At the end of the treatment, the skin is left deoxidized, moisturized, and healthy.

DIOR MICRO-ABRASION

FACE – 60 MIN OR 90 MIN

An iconic and exclusive Dior Skincare technique, Dior Sapphire Crystal Micro-Abrasion features a high-tech tool that combines micro-abrasion with photostimulation. A relaxing exfoliation treatment that promises spectacular anti-aging results and stimulates regeneration deep within the skin. Dior Micro-Abrasion protocols give the skin a radiance boost, with an extraordinary smoothing effect. Skin is toned and instantly brightened. Over the next few days, the skin's receptiveness to skincare products is increased. This treatment is suitable for all skin types, even the most sensitive.

DIOR SKIN LIGHT LED THERAPY

FACE – 45 MIN

Each cell within the skin has the incredible ability to absorb light and convert it into energy. To let this inner light shine through, Dior draws on the technology of light therapy with the Dior Skin Light LED Mask. A real marvel of design, this high-tech tool follows the facial contours and acts as a natural source of energy, to boost cellular respiration. At the end of the session, skin is relaxed and repaired, and the skin's metabolism is rebalanced. Under the beneficial effect of light, the mind is soothed and harmony is restored. With one session, the skin quality is refined with reduction of sebum, tighter pores and instant plump. For long-lasting and anti-aging results, and with a twice-weekly treatment programme, the 8 sessions cure, regenerates entirely the skin and provides elasticity and density. To enhance the results, all sessions end with an application of adapted Dior products.

WELLNESS ADD-ONS

PRIVATE RELAXATION

30MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

BACK RELEASE

BACK - 30MIN

A tailor-made massage: a relaxing back massage with enveloping gestures allowing deep relaxation and letting go.

FOOT RELIEF

FEET - 30MIN

Inspired by reflexology of the feet, this energising massage enhances any body or facial treatment. As well as boosting circulation, it leaves an exquisite feeling of lightness in the legs and feet. The body and mind feel as if they are weightless.

D-SCALP

HEAD - 15MIN

Release all tension from head to toe with a unique scalp massage. Targeting specific tension points on the scalp, the wellness experts will leave you feeling completely relaxed.



THE BODY

THE BODY



These massages are the embodiment of Dior expertise and treat the body like the temple that it is. Each meticulously choreographed beauty technique is complemented by all of our Dior Wellness Experts' senses, for a tailor-made moment. Each guest will experience true delight in body and mind in order to feel at peace in their own body.

WELLNESS ADD-ONS

NEW LOOK BODY – 60 MIN OR 90 MIN*

Our iconic slimming and firming massage using microstimulation* to tone, sculpt silhouette and remodel body contours. With precise, invigorating movements and draining techniques, this treatment firms and detoxifies the body. Specialized techniques target fat deposits to provide an exceptional anti-cellulite effect. It works deep within the skin to tone, smooth irregularities, and enhance overall firmness. Legs feel lighter, the silhouette is redefined, and energy is renewed.

*The 90min version of this treatment can be performed with a combination of the Icoone Therapy and massage, fully manual massage, or only with the Icoone Therapy.

D-TISSUE BODY – 60 MIN OR 90 MIN

This slow and deep massage is aimed at releasing tensions and reoxygenating muscles, through precise treatment techniques. To enable the body to feel free once again, meticulous massage movements combine strength with a gentle touch, helping to eliminate toxins and relieve aching muscles. It is the ultimate high-performance treatment, ideal for recovering after sports or a workout, and for delivering instant relaxation.

CONSTELLATION BODY – 60 MIN OR 90 MIN

Deep relaxation and a complete sense of letting go. That is the promise of this multi-sensory journey. A holistic massage, combined with slow and enveloping movements over the entire body, to release muscular tensions one by one. Deeply relaxed, the body becomes a haven of restored inner peace.

CRYO DIOR BODY - 30MIN

Leave with a feeling of ultimate lightness thanks to a tailor-made Dior cryotherapy experience. Using the Waves 21 machine, the Wellness Experts carefully work on the body while reducing the temperature to as low as -15°C.

PRIVATE RELAXATION 30MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

BODY SCRUB BODY - 30MIN

Ideal as a preparation for a body treatment, or to simply enjoy a radiance boost for the skin, this express scrub-peel treatment has a double action that combines both mechanical and enzyme exfoliation. A new energy is diffused into the mind and skin, which is illuminated and incredibly soft.

FOOT RELIEF FEET - 30MIN

Inspired by reflexology of the feet, this energising massage enhances any body or facial treatment. As well as boosting circulation, it leaves an exquisite feeling of lightness in the legs and feet. The body and mind feel as if they are weightless.

D-SCALP HEAD - 15MIN

Release all tension from head to toe with a unique scalp massage. Targeting specific tension points on the scalp, the wellness experts will leave you feeling completely relaxed.



BODY

D-WAVES

BODY – 75 MIN

By combining electrostimulation of the metamers with cryotherapy, this technology intensely detoxifies tissues and reduces subcutaneous and visceral fatty deposits. It tackles cellulite, to firm the skin with instantly visible results. Several programs are available, from the detox to the visceral fat and to blood circulation, the personalization options are infinite and can be tailored depending on individual needs of today but also of tomorrow. The treatment always starts with a private consultation in order to define the right program for your needs.

9 MOONS

BODY - 60 MIN OR 90 MIN

To accompany the unique journey of pregnancy, Dior has designed and experience where the needs of the body and mind are listened to more than ever. During this relaxing, pampering treatment, a series of slow and gentle movements are delivered with the utmost care, to relieve muscular tension, lighten the legs, and help mums-to-be enjoy the unique beauty of this journey. This ritual is recommended after the first three months of pregnancy.

WELLNESS
ADD-ONS

PRIVATE RELAXATION

30MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

BODY SCRUB

BODY - 30MIN

Ideal as a preparation for a body treatment, or to simply enjoy a radiance boost for the skin, this express scrub-peel treatment has a double action that combines both mechanical and enzyme exfoliation. A new energy is diffused into the mind and skin, which is illuminated and incredibly soft.

FOOT RELIEF

FEET- 30MIN

Inspired by reflexology of the feet, this energising massage enhances any body or facial treatment. As well as boosting circulation, it leaves an exquisite feeling of lightness in the legs and feet. The body and mind feel as if they are weightless.

D-SCALP

HEAD - 15MIN

Release all tension from head to toe with a unique scalp massage. Targeting specific tension points on the scalp, the wellness experts will leave you feeling completely relaxed.

DIOR SKIN LIGHT LED THERAPY

FACE - 15MIN

Boost your facial or body treatment with the powerful properties of red LED light. At the end of the session, skin is relaxed and repaired, and its metabolism is rebalanced. Under the beneficial effect of light, the mind is soothed, and harmony is restored.



DIOR SPA THE LANA EXPERIENCES

WELLNESS THERAPIES

Escape the hectic pace of Dubai and experience a moment out of time. 29 floors high, Dior Spa The Lana offers four therapies designed to pause the world and refocus on your well-being.

Carefully imagined by our Dior Wellness Experts, these therapies invite you to let go and experience the very best of Dior Spa know-how. These are real bubbles of serenity to treat yourself to, complemented by total support ranging from skin and body beauty to nutrition with our wellness menus.

D-GLOW THERAPY

The ultimate retreat, blending detoxifying treatments, energy realignment, and pure relaxation with infinity pool access and a nourishing wellness lunch.

- 300 MIN
- Infinity Pool Access
- Wellness Lunch
- Constellation
- Kobi Dior

D-BLOAT THERAPY

Embark on a refreshing journey that blends invigorating Pilates with the detoxifying powers of the New Look perfected by a personalized Icoone Body Therapy session. End the experience with a wellness drink in your private lounge to extend the benefits of your treatments.

- 180 MIN
- Pilates in your private lounge
- New Look
- Wellness Drink in your private lounge

D-STRESS THERAPY

Escape to tranquility with soothing treatments that melt away tension. Experience the combination of D-Waves and Kobi Dior treatments for a full face & body rejuvenation perfected by the Dior Skin Light LED Therapy. You feel revitalized for the day ahead.

- 165 MIN
- D-Waves Treatment
- Kobi Dior
- Dior Skin Light LED Therapy
- Wellness Drink in your private lounge



THE DIORITUALS

DIOR STONE THERAPY - FACE & BODY	120 MIN	2500 AED
ESCALE AT THE LANA - BODY	90 MIN	2100 AED

THE FACE

GOLDEN AURA - FACE	90 MIN	2130 AED
KOBI DIOR - FACE	60 MIN OR 90 MIN	1250 AED / 2100 AED
DIOR POWERED BY HYDRAFACIAL - FACE	60 MIN OR 90 MIN	1750 AED / 2550 AED
DIOR MICRO-ABRASION - FACE	60 MIN OR 90 MIN	1250 AED / 1550 AED
DIOR SKIN LIGHT LED THERAPY - FACE	45 MIN	800 AED

THE BODY

NEW LOOK - BODY	60 MIN OR 90 MIN	1250 AED / 1950 AED
D-TISSUE - BODY	60 MIN OR 90 MIN	1250 AED / 1750 AED
CONSTELLATION - BODY	60 MIN OR 90 MIN	1100 AED / 1550 AED
D-WAVES - BODY	75 MIN	1450 AED
9 MOONS - BODY	60 MIN OR 90 MIN	1100 AED / 1550 AED

WELLNESS ADD-ONS

MICRO-ABRASION BOOSTER – FACE	30 MIN	700 AED
CRYO DIOR – BODY	30 MIN	600 AED
PRIVATE RELAXATION	30 MIN	600 AED
BACK RELEASE - BACK	30 MIN	600 AED
BODY SCRUB – BODY	30 MIN	600 AED
IYASHI DOME – BODY	30 MIN	600 AED
FOOT RELIEF – FEET	30 MIN	400 AED
D-SCALP – HEAD	15 MIN	400 AED
DIOR SKIN LIGHT LED THERAPY – FACE	15 MIN	400 AED

DIOR SPA THE LANA EXPERIENCES

D-GLOW THERAPY	300 MIN	3900 AED
D-BLOAT THERAPY	180 MIN	3775 AED
D-STRESS THERAPY	165 MIN	3055 AED

For any treatment booked in the double VIP Suite, please note 30min relaxation in your private lounge will be automatically added to the price.

TERMS & CONDITIONS

RESERVATIONS AND CANCELLATIONS

To make a reservation, please contact the Dior Spa team
via e-mail or phone: diorspa.lan@dorchestercollection.com
+971 4 541 6688

Should you need to cancel or change your appointment, please let us know at least 24 hours
before the scheduled time to avoid being charged the full cost of your treatment.

Payment by cheque is not accepted in our establishment; thank you for your understanding.

Gifts certificates are not exchangeable for cash or credit, non-refundable and requires advance booking.

In the case of a late arrival, we will do our best to offer you the same service,
if our schedule allows it. However, if this is not possible, we will shorten your treatment accordingly.

All prices are in UAE Dirhams and include a 7% municipality fee, 10% service charge and 5% VAT.

TREATMENT TIME

In order to offer you an ideal welcome, we recommend that you arrive
15 minutes before your scheduled treatment time. This will allow our Wellness Experts
to provide you with a personalised consultation if you wish.

SPA GUIDELINES

If you would like to refresh yourself before your treatment, we invite you
to do so before you arrive at Dior Spa The Lana. Please inform our Wellness Experts
of any illness or ongoing regimen. To ensure a soothing experience and to show respect
for our guests, we request that you turn off your cell phones during your stay at the Dior Spa.

SPA
DIOR
THE LANA