

DIOR  
LUXURY BEAUTY RETREAT



## SUMMARY

1	DIOR LUXURY BEAUTY RETREAT	P. 5
2	SIGNATURE TREATMENTS	P. 11
3	THE FACE	P. 19
4	THE BODY	P. 25
5	GROOMING RITUALS	P. 31
6	BEAUTY	P. 35
7	PRICE LIST	P. 38
8	SPA ETIQUETTE	P. 40



# DIOR LUXURY BEAUTY RETREAT

DIOR LUXURY BEAUTY RETREAT DOHA  
THE CONSTELLATION VIP SUITE

# HADDA AKRIM

GLOBAL DIOR WELLNESS EXPERT FACIALIST

# GLOBAL DIOR WELLNESS EXPERT



Hadda Akrim is an expert facialist known for her protocols blending holistic and advanced manual techniques. She co-developed the Kobi-Dior facial that lifts and plumps the skin while releasing tensions. Now a signature treatment at Dior Spas, it features an exclusive figure-eight massage inspired by Christian Dior's lucky number. She fully embodies her philosophy of simplifying skincare without compromising results.

# DIOR LUXURY BEAUTY RETREAT DOHA

Based on the alignment of the skin and the senses, the modern Dior Skincare philosophy considers each guest holistically, with specific attention for physical, emotional, and psychological wellness.

With a commitment to provide the most intimate and beautiful experience of true well-being, the Dior savoir-faire heightens expertise, of an immediate and lasting transformation thanks to an exclusive combination of professional formulas, manual techniques, and cutting-edge technologies.

## THE CONSTELLATION VIP SUITE

The Constellation Suite invites you to an experience of absolute plenitude, a unique and exceptional moment of sensoriality to be savored and shared between two. The Constellation Suite gives you the exclusive use of its private jacuzzi, steam shower and sauna, alone or in pairs, for immediate relaxation increasing the benefits of your treatment. This space of absolute relaxation also includes its very own make-up beauty lounge.

*The Constellation Double Suite can be booked for 30min, for a fee of 470QR per person on top of a treatment.*





# SIGNATURE TREATMENTS

ESCALE A DOHA  
HOT QUARTZ SAND BATH RITUAL

# ESCALE À DOHA

FACE & BODY – 2H

An exclusive Dior Luxury Beauty Retreat Doha experience embodied by a precious ritual, allowing the skin and the senses to fully flourish for an unforgettable moment.

Luxurious and timeless interlude, this ultra-complete treatment is ideal for recovering from a long trip, jet lag or a period of intense activity. The Escale à Doha invites guests to experience absolute regeneration of the body and mind. This voluptuous treatment starts with a back and leg massage projecting the senses into a world of lightness. Blood circulation is boosted and the silhouette is drained. The face is then deeply cleansed and exfoliated thanks to the Dior Micro-Abrasion, a state-of-the-art tool. The treatment ends with Dior Prestige Le Micro-Caviar de Rose, the ultimate 22 regenerative micro-nutrients concentrate for a nourished, repaired and illuminated skin. Paired with the mysterious energetic powers of semi-precious stones, the body is utterly relaxed. This divine ritual offers an absolute feeling of inner well-being and helps the body to regain its fundamental vital force and energy.



# HOT QUARTZ SAND BATH RITUAL

FACE OR BODY – 1H OR 1H30

A precious shift of energy and emotional release. Immersed into a holistic ritual, the body is modelled on a sensory bed of Quartz, enveloped in its soothing warmth to experience equilibrium of harmonizing metabolic stimulation and detoxification. Dior Wellness Therapist, guardian of these precious energies, works in symbiosis with the body and Quartz, while performing a majestic choreography of rhythms. This Odyssey continues with a thirty-minutes or one hour exquisite facial or body treatment, elevating the mind into a prodigious state of rejuvenation and helping unveil inner pathways



# D-TRAVEL

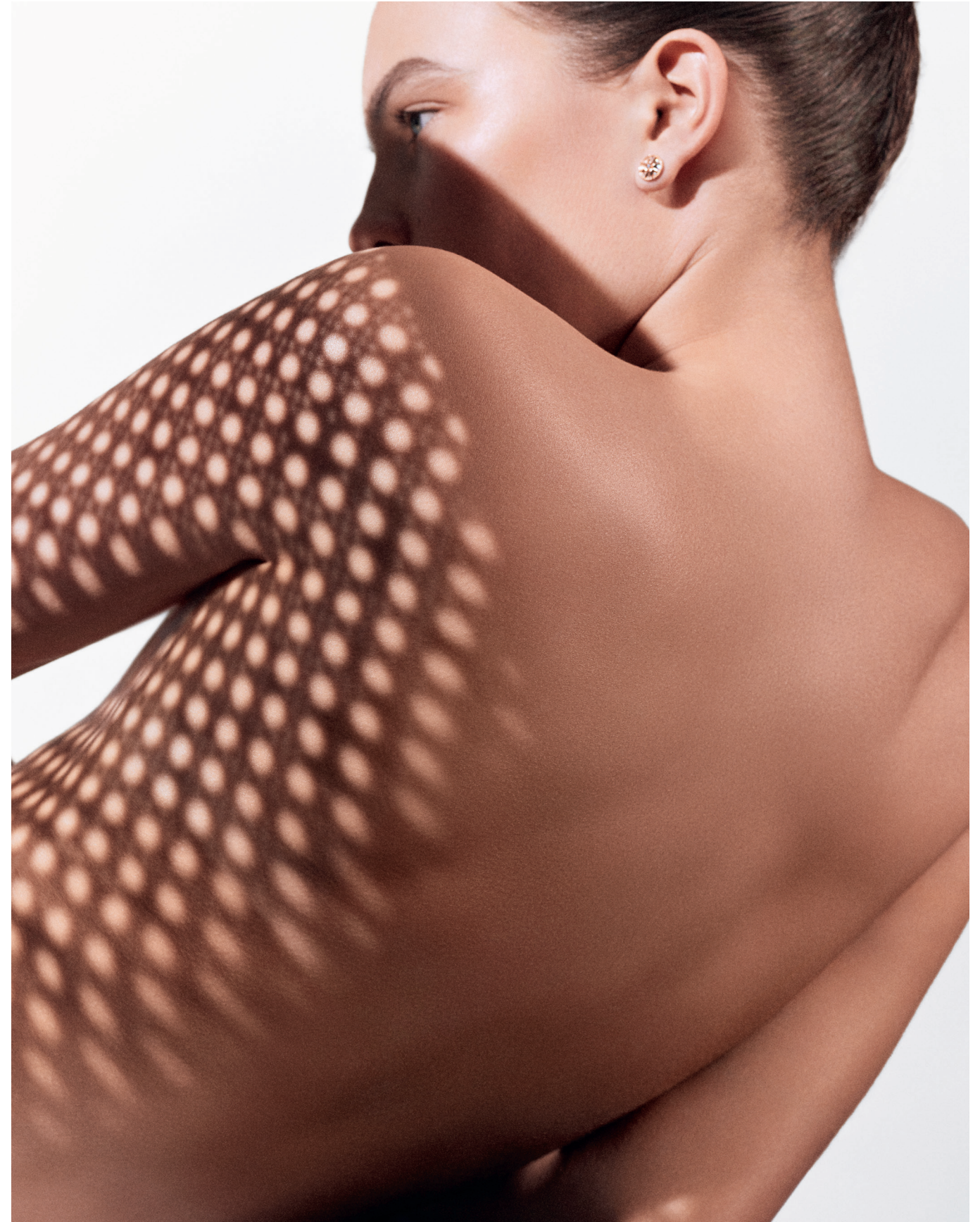
LIMITED EDITION

BODY – 45 MIN – 690 QAR

A deeply restorative treatment designed to release tension and prepare or revive the body for the demands of long-haul travel.

This ritual begins with a soothing back massage using warm stones, diffusing comforting heat to ease muscular tension and promote deep relaxation. Rhythmic movements are then performed along the legs, from hips to feet, combined with targeted mobilisations to enhance fluidity, lightness and circulation.

Ideal both before departure and after arrival, this treatment helps relieve back fatigue and muscular tension associated with extended air travel. Whether enjoyed in preparation for the journey ahead or as a recovery ritual following hours of immobility, it awakens the legs and leaves the body feeling rebalanced, refreshed and ready to continue the journey.





# THE FACE

# THE FACE



A refined selection of essential, targeted treatments to revive all skin types. The precise gestures of the Dior Wellness Experts follow one another to visibly rejuvenate the skin with luxurious, best-in-class rituals achieving instant skin results.

## GOLDEN AURA

FACE – 1H30

**Benefits:** Radiance | Circulation Boost | Oxygenation | Revitalisation | Glow

Dior redefines facial radiance with an exceptional regenerating treatment that gently stimulates the skin and enhances blood flow. After a deep cleansing of the skin, amplified by the diffusion of negative ions and a targeted dry brushing to promote lymphatic flow, while gently exfoliating, the skin is now ready to receive a warming and sculpting muscle massage to soften the tissues. Rhythmic movements are provided by using warm guasha stone helping to release tensions and decongest while promoting a sense of purification. During the mask application, oxygen spray is diffused to visibly revitalise the appearance of the skin by favouring actives penetration. This process revitalises the complexion, revealing a radiant face. The skin looks naturally luminous, with a youthful radiance as a result of this treatment ritual.

**DIOR METHODS EMPLOYED:** Dry Brushing | Warming Muscle Massage | Hot Gua Sha Draining Techniques | Oxygenating Mask | Oxygen & Negative Ions Therapy

## DIOR POWERED BY HYDRAFACIAL

FACE – 1H

**Benefits:** Exfoliation | Purification | Hydration | Cell Renewal | Dark Spot Reduction | Sebum Control

Dior combines its Floral Science with cutting-edge Hydrafacial™ hydra dermabrasion technology. Following a two step detoxification preparation to stimulate lymph node drainage, an invigorating massage is performed to enhance tissue suppleness, activate microcirculation, and promote cell oxygenation. The skin is now ready to be cleansed and exfoliated, to purify the epidermis in depth, enhanced by Dior Floral Peeling Lotion. As a final touch, a boost of LED light is diffused to visibly repair, tone, reduce fine lines and soothe any redness. At the end of the treatment, the skin is left moisturised with a healthy appearance.

**DIOR METHODS EMPLOYED:** Detox Prelude | Face Sculpting | Hydra Dermabrasion | AHA Peeling | Regenerating Mask | LED

## DIOR MICRO-ABRASION

FACE – 30 MIN OR 1H

An iconic and exclusive Dior Skincare technique, Dior Sapphire Crystal Micro-Abrasion features a high-tech tool that combines micro-abrasion with photostimulation. A relaxing exfoliation treatment that promises spectacular anti-aging results, and stimulates regeneration deep within the skin. Dior Micro-Abrasion protocols give the skin a radiance boost, with an extraordinary smoothing effect. Skin is toned and instantly brightened. Over the next few days, the skin's receptiveness to skincare products is increased. This treatment is suitable for all skin types, even the most sensitive.

**KOBI-DIOR**

FACE – 30 MIN OR 1H

**Benefits:** Lifts | Plumps | Sculpts | Wrinkle Reduction | Contours | Firms | Drains

The high-performance treatment for a sculpted appearance, that lifts, plumps and releases tensions from the face, neck, and upper back. After a two-step detox prelude protocol activating lymph nodes to drain fluids, using manual techniques, and dry brushing, skin is now ready to receive a powerful muscular facial massage. Inspired by the Japanese Kobido technique, the sculpting massage uses a series of precise rhythmic gestures and acupressure to visibly reshape the muscular structure of the face. This approach is enhanced by cryo stones to amplify the expert's intuitive touch for significant results in wrinkle appearance reduction and a lifted effect, plumped and tension-free face.

**DIOR METHODS EMPLOYED:** Manual Drainage | Dry Brushing | Sculptural Massage  
| Firming and Hydrating Mask | Cryo Acupressure

**EYE REHAB**

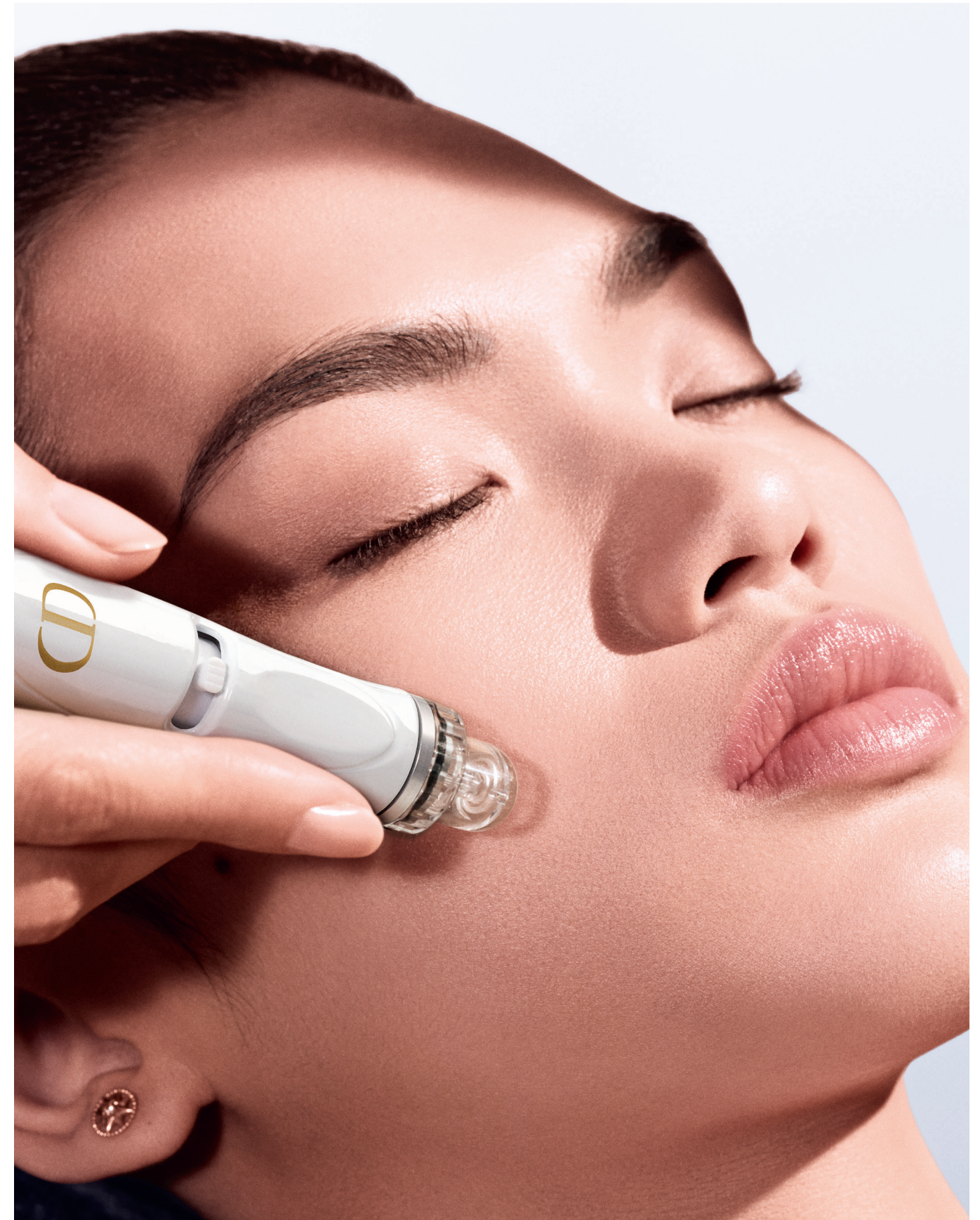
FACE – 30 MIN

Dedicated to the eye area, this anti-fatigue treatment combines sculpting pressure, a decongesting panoramic mask and exclusive Dior cryo-modelling, for a fresh, awakened and smoothed eye contour.

**DIOR SKIN LIGHT LED THERAPY**

FACE – 15 MIN

Boost your face or body treatment with the power of red LEDs. At the end of the session, the skin is relaxed and repaired, and the metabolism is rebalanced. The beneficial effect of the light calms the mind and restores harmony.





# THE BODY

# THE BODY



Emblematic of the House of Dior's expertise, these personalised massages treat the body like a temple. Each meticulously choreographed gesture is enhanced by the expertise of Dior's Wellness Experts for an even more sublime result. Every guest's body and mind are pampered, with a fully customisable experience from start to finish.

## NEW LOOK

BODY – 1H OR 1H30

**Benefits:** Tones | Sculpts | Detoxifies | Firms | Drains

Our iconic slimming and firming massage using microstimulation to tone, sculpt the silhouette and remodel body contours. With precise, invigorating movements and draining techniques, this treatment firms and detoxifies the body.

**DIOR METHODS EMPLOYED:** Manual Lymphatic Techniques | Gut Detoxification

## D-TISSUE

BODY – 1H OR 1H30

**Benefits:** Oxygenation | Muscle Recovery | Restoration

This slow and deep massage is aimed at releasing muscular tensions, through expert treatment techniques. To enable the body to feel free once again, meticulous massage movements combine strength with a gentle touch, helping to relieve aching muscles. It is the ultimate high-performance treatment, ideal for recovering after sports or a workout, and for delivering instant relaxation.

## BODY HARMONY

BODY – 1H OR 1H30

Deep relaxation and a complete sense of letting go. That is the promise of this multi-sensory journey. A holistic massage, combined with slow and enveloping movements over the entire body, to release muscular tensions one by one. Deeply relaxed, the body becomes a haven of restored inner peace.

## D-WAVES

BODY – 30 MIN OR 1H

By combining electrostimulation of the metamers with cryotherapy, this technology intensely detoxifies tissues, and reduces subcutaneous and visceral fatty deposits. It tackles cellulite, to firm the skin with instantly visible results. Several programs are available, from the detox to the visceral fat and to blood circulation, the personalization options are infinite and can be tailored depending on individual needs of today but also of tomorrow. The treatment always starts with a private consultation in order to define the right program for your needs.

**BODY SCRUB**

BODY – 30MIN

Ideal as a prelude to a body treatment, for the pleasure of giving your skin a radiant glow, this express peeling scrub has a dual mechanical and enzymatic action. A new energy diffuses through the mind and illuminates the skin, leaving it remarkably soft.

**BACK RELEASE**

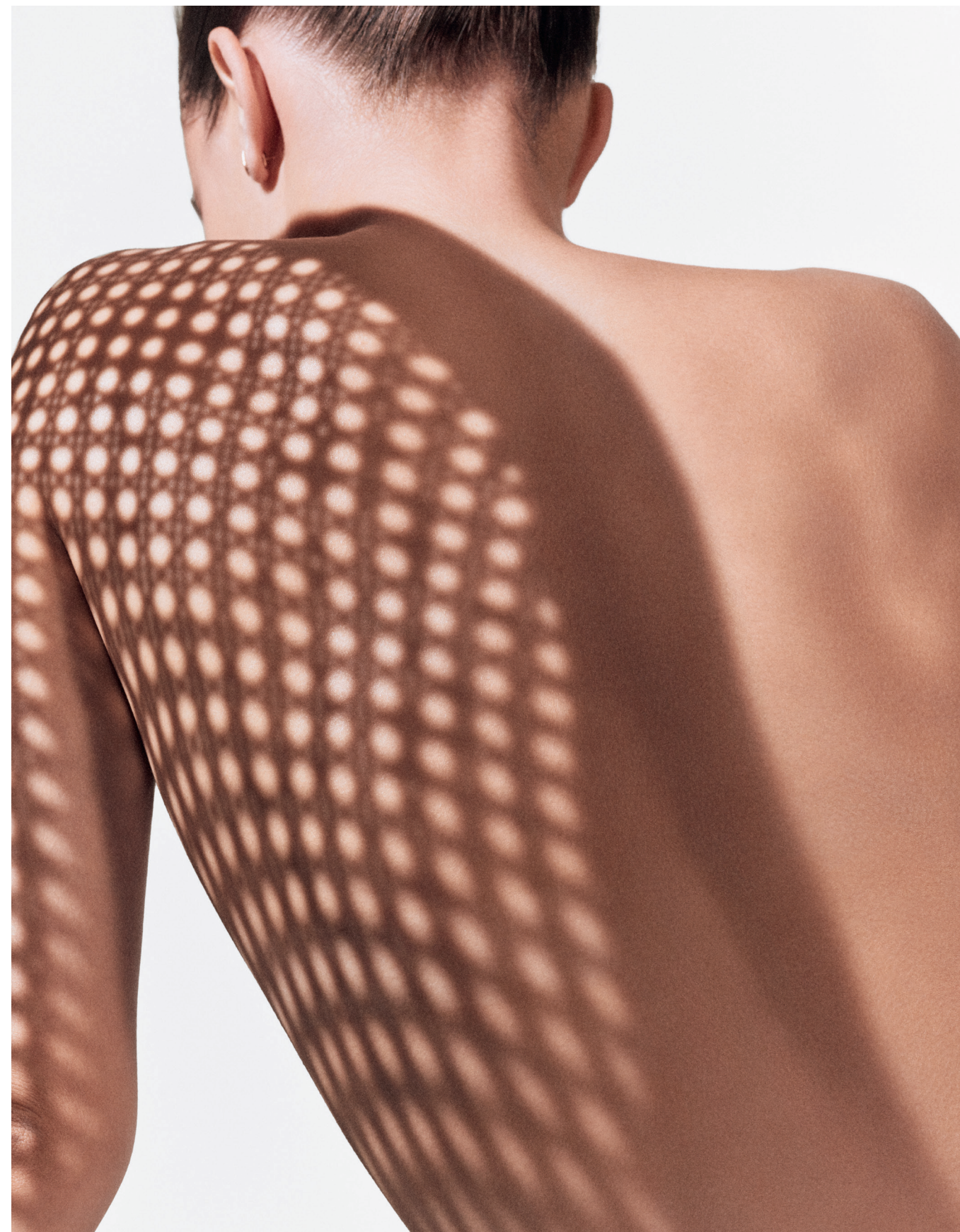
BODY – 30MIN

A tailor-made back massage with an immediate feel-good effect, to soothe away the stress of the day or simply relax at any time.

**FOOT RELIEF**

BODY – 30MIN

Inspired by foot reflexology, this energising massage enhances any body treatment. As well as boosting circulation, it leaves an exquisite feeling of lightness in the legs and feet. The body and mind feel as if they are weightless.





# GROOMING RITUALS

# GROOMING RITUALS

This bespoke service created especially for Dior Luxury Beauty Retreat Doha blends the expertise of our Dior Wellness Therapists with the knowledge of our expert Dior Grooming Ambassadors, bringing the art of barbering to the next level. Using the Sauvage Grooming and Menciaire products, transform your classic shave into a real moment of unwinding and relaxation outside of this busy world.

## THE DIOR LUXURY BARBER EXPERIENCE

BEARD AND FACE – 1H

Beyond a tailor-made beard trimming, this exclusive treatment offers an absolute skin comfort and a ultimate state of well-being. After the shave, a detoxifying face massage will be performed, followed by the application of a purifying mask and a complete hydrating routine. The beauty of the beard and the radiance of the skin are revealed. The precise gestures stimulate growth, define the beard and deeply soothe the face.

## THE DIOR SHAVE

BEARD – 30 MINUTES

The expert gestures of Dior barbers, offering a tailor-made beard trimming experience. The beard is perfectly cleaned, moisturized and shaped.





# BEAUTY

BEAUTY FOR HANDS AND FEET  
DIOR MAKEUP BACKSTAGE

# BEAUTY FOR HANDS AND FEET

## THE DIOR HAND CARE RITUAL

HANDS OR FEET – 1H OR 1H10 OR 1H30

This stunning and customized treatment especially designed for hands is an absolute moment of relaxation. The treatment includes a delicate application of a semi-permanent nail polish.

## THE PRÊT-À-PORTER RITUAL

HANDS OR FEET – 45 MINUTES

Offer your hands the secret to simple and refined beauty. This treatment is designed to enhance your nails, meticulously preparing them to receive an impeccable and long-lasting finish. Each step is carefully crafted to provide them with visible strength and radiance. The ritual concludes with a polish application, for visibly well-groomed and beautified hands.

# DIOR MAKEUP BACKSTAGE

Beauty treatments using Dior Makeup expert techniques and products.

## BESPOKE MAKEUP

FACE – FROM 45 MINUTES

Discover the secrets behind the Dior look with a makeup artist from the House of Dior. For a natural and elegant look, a fresh complexion, couture lips, or graphic eye makeup that reflects your personality.

## DIOR SEASONAL LOOK

FACE – 30 MINUTES

Each Fashion Week, inspired by the Dior show, benefit from a unique make-up look, enriched by the Dior Backstage expertise for a complete and personalized 30-minute



The Constellation Double Suite can be booked for 30min, for a fee of 470QR per person on top of a treatment.

## SIGNATURE TREATMENTS

<b>ESCALE À DOHA</b> – FACE AND BODY	2H	1990QR
<b>THE HOT QUARTZ SAND BATH RITUAL</b> – FACE AND BODY	1H OR 1H30	1400/1600QR

## THE FACE

<b>GOLDEN AURA</b> – FACE	1H30	2000QR
<b>DIOR POWERED BY HYDRAFACIAL</b> – FACE	1H	1400QR
<b>DIOR MICRO-ABRASION</b> – FACE	30MIN OR 1H	590/980QR
<b>KOBI DIOR</b> – FACE	30MIN OR 1H	540/950QR
<b>EYE REHAB</b> – FACE	30MIN	540QR
<b>DIOR SKIN LIGHT LED THERAPY</b> – FACE	15MIN	310QR

## THE BODY

<b>NEW LOOK</b> – BODY	1H / 1H30	910/1090QR
<b>D-TISSUE</b> – BODY	1H / 1H30	910/1090QR
<b>BODY HARMONY</b> – BODY	1H / 1H30	910/1090QR
<b>D-WAVES</b> – BODY	30MIN OR 1H	580/1050QR
<b>BODY SCRUB</b> – BODY	30 MIN	470QR
<b>BACK RELEASE</b> – BODY	30 MIN	470QR
<b>FOOT RELIEF</b> – FEET	30 MIN	470QR

## GROOMING RITUALS

<b>THE DIOR LUXURY BARBER EXPERIENCE</b> – BEARD AND FACE	1H	430/540QR
<b>THE DIOR SHAVE</b> – BEARD	30 MIN	250QR

## BEAUTY

<b>THE DIOR HAND CARE RITUAL</b> – HANDS OR FEET	1H / 1H10 / 1H30	290/330/360QR
<b>THE PRÊT-À-PORTER RITUAL</b> – HANDS OR FEET	45 MIN	250QR
<b>BESPOKE MAKEUP</b> – FACE	1H	360QR
<b>DIOR SEASONAL LOOKS</b> – FACE	30 MIN	290QR

### **OPENING HOURS**

Your Dior Luxury Beauty Retreat is open every day, 24 hours a day.

### **HOW TO BOOK**

For bookings and enquiries, your Dior team will be delighted to assist you by email or telephone  
diorspa@qatarairways.com.qa  
+974 51108316

All treatments and services in this brochure are subject to availability at time of booking.

### **HEALTH CONDITIONS**

Please advise us of any health conditions, allergies or injuries which could affect your choice of treatment upon your spa reservation.

### **SPA ARRIVAL**

At Dior Luxury Beauty Retreat, every spa treatment begins with a personalised welcome and consultation. We therefore recommend that you arrive 15 minutes in advance of your treatment. Please be advised that late arrivals will result in a reduction of treatment time and that the same treatment price will apply.

### **SPA ETIQUETTE**

Each spa suite gives you complete privacy with your own changing room to refresh before or after your flight.

Our spa environment is one of tranquility and relaxation, we therefore kindly ask that all mobile phones and electronic devices are turned to silent mode or turned off.

### **GIFT CARDS**

Invite a friend or loved one to experience an exceptional moment of wellbeing in the tranquil setting of the Dior Luxury Beauty Retreat Doha, thanks to our gift cards available at the Spa Reception.

### **LOSS OR DAMAGE**

The spa cannot be held responsible for any loss or damage of any personal belongings.  
We would advise use of our secure lockers for your luggage.

### **CANCELLATION POLICY**

Bookings can be modified, subject to availability, or cancelled at no charge up to 24 hours prior to time of appointment.

DIOR