

DIOR  
LUXURY BEAUTY RETREAT



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# DIOR LUXURY BEAUTY RETREAT

DIOR LUXURY BEAUTY RETREAT DOHA  
THE CONSTELLATION VIP SUITE



# DIOR LUXURY BEAUTY RETREAT DOHA

Based on the alignment of the skin and the senses, the modern Dior Skincare philosophy considers each guest holistically, with specific attention for physical, emotional, and psychological wellness.

With a commitment to provide the most intimate and beautiful experience of true well-being, the Dior savoir-faire heightens expertise, of an immediate and lasting transformation thanks to an exclusive combination of professional formulas, manual techniques, and cutting-edge technologies.

## THE CONSTELLATION VIP SUITE

The Constellation Suite invites you to an experience of absolute plenitude, a unique and exceptional moment of sensoriality to be savored and shared between two. The Constellation Suite gives you the exclusive use of its private jacuzzi, steam shower and sauna, alone or in pairs, for immediate relaxation increasing the benefits of your treatment. This space of absolute relaxation also includes its very own make-up beauty lounge.

*The Constellation Double Suite can be booked for 30min, for a fee of 470QR per person on top of a treatment.*







# SIGNATURE TREATMENTS

ESCALE A DOHA  
HOT QUARTZ SAND BATH RITUAL



# ESCALE À DOHA

FACE & BODY – 2H

An exclusive Dior Luxury Beauty Retreat Doha experience embodied by a precious ritual, allowing the skin and the senses to fully flourish for an unforgettable moment.

Luxurious and timeless interlude, this ultra-complete treatment is ideal for recovering from a long trip, jet lag or a period of intense activity. The Escale à Doha invites guests to experience absolute regeneration of the body and mind. This voluptuous treatment starts with a back and leg massage projecting the senses into a world of lightness. Blood circulation is boosted and the silhouette is drained. The face is then deeply cleansed and exfoliated thanks to the Dior Micro-Abrasion, a state-of the art tool. The treatment ends with Dior Prestige Le Micro-Caviar de Rose, the ultimate 22 regenerative micro-nutrients concentrate for a nourished, repaired and illuminated skin. Paired with the mysterious energetic powers of semi-precious stones, the body is utterly relaxed. This divine ritual offers an absolute feeling of inner well-being and helps the body to regain its fundamental vital force and energy.





# HOT QUARTZ SAND BATH RITUAL

FACE OR BODY – 1H OR 1H30

A precious shift of energy and emotional release. Immersed into a holistic ritual, the body is modelled on a sensory bed of Quartz, enveloped in its soothing warmth to experience equilibrium of harmonizing metabolic stimulation and detoxification. Dior Wellness Therapist, guardian of these precious energies, works in symbiosis with the body and Quartz, while performing a majestic choreography of rhythms. This Odyssey continues with a thirty-minutes or one hour exquisite facial or body treatment, elevating the mind into a prodigious state of rejuvenation and helping unveil inner pathways







# FACE

EXCEPTIONAL TREATMENTS  
EXPERT PROTOCOLS  
SKIN TECHNOLOGY



# EXCEPTIONAL TREATMENTS



Great classics of Dior Spa, these exceptional treatments are emblematic of the Dior Wellness Therapists' know-how.

## GOLDEN AURA

FACE – 1H30

Dior redefines facial radiance with a luxurious and rejuvenating treatment that gently stimulates the skin, enhancing blood circulation and promoting lymphatic drainage. Rhythmic motions work to release tension, reduce puffiness, and encourage the flow of oxygen rich blood to the skin's surface. This process revitalizes the complexion, revealing a radiant, glowing face. The skin appears naturally luminous, with a healthy, youthful glow from this indulgent self care ritual.

## LE SOIN PREMIER

FACE – 1H30

A facial treatment that draws special inspiration from the Dior Prestige range. Completed by a 3-dimension massage that sculpts the face and the décolleté thanks to the Dior Wellness Therapists' techniques, this treatment repairs 100% of the age dimensions in terms of structure, texture and colour. A finishing touch is added to the treatment with Rose Quartz, used to soothe, calm and illuminate the face. From the source of the rose to the source of youth, the Soin Premier treatment promotes skin revitalization and deep relaxation.

## WELLNESS ADD-ONS\*

### MICRO-ABRASION BOOSTER

FACE – 30 MIN

An exfoliating interlude with a spectacular anti-aging promise that stimulates deep skin regeneration combined with photostimulation to amplify the results. The face is instantly illuminated.

### BACK RELEASE

BACK – 30 MIN

A bespoke back massage with an instant wellbeing effect, perfect for eliminating the stress of the day, or simply to relax at any time.

### FOOT RELIEF

FEET – 30 MIN

Inspired by reflexology of the feet, this energising massage enhances any body or facial treatment. As well as boosting circulation, it leaves an exquisite feeling of lightness in the legs and feet. The body and mind feel as if they are weightless.

### DIOR SKIN LIGHT LED THERAPY

FACE – 15 MIN

Boost your face or body treatment with the power of red LEDs. At the end of the session, the skin is relaxed and repaired, and the metabolism is rebalanced. The beneficial effect of the light calms the mind and restores harmony.

\* These treatments can be added to any 60 min or more face or body treatment.



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# EXPERT PROTOCOLS



A carefully chosen selection of essential and ultra-targeted treatments to revitalise all skin types. The skilful beauty techniques of our Dior Wellness Experts come together in these extraordinary rituals, to enhance the skin and deliver lasting results.

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# SKIN TECHNOLOGY

The unique expertise of Dior Luxury Beauty Retreat Doha blended with the latest cutting-edge technologies for treatments with ultimate and instant anti-ageing results.

## DIOR POWERED BY HYDRAFACIAL

FACE – 45 MIN OR 1H30

Dior combines its Floral Science expertise with cutting-edge Hydrafacial technology, to unveil its first ever treatment developed in collaboration with Hydrafacial experts, thanks to a specially designed device and exclusive treatment step. Deep facial cleansing and exfoliation are boosted and complemented by the diffusion of Dior Lotion Peeling Floral. Adding as final step the Dior Skin Light LED mask, the results of the treatment are enhanced, skin is soothed, and redness disappear. As final result, skin is deoxidised, hydrated, plumped and radiant like it has never been before.

## DIOR MICRO-ABRASION

FACE – 1H OR 1H30

An iconic and exclusive Dior Skincare technique, Dior Sapphire Crystal Micro-Abrasion features a high-tech tool that combines micro-abrasion with photostimulation. A relaxing exfoliation treatment that promises spectacular anti-aging results, and stimulates regeneration deep within the skin. Dior Micro-Abrasion protocols give the skin a radiance boost, with an extraordinary smoothing effect. Skin is toned and instantly brightened. Over the next few days, the skin's receptiveness to skincare products is increased. This treatment is suitable for all skin types, even the most sensitive.







# BODY

MASSAGE THERAPIES  
BODY TECHNOLOGY

# MASSAGE THERAPIES



These massages are the embodiment of Dior expertise, and treat the body like the temple that it is. Each meticulously choreographed beauty technique is complemented by all of our Dior Wellness Therapists' senses, for a tailor-made moment. Each guest will experience true delight in body and mind in order to feel at peace in its own body.

# WELLNESS ADD-ONS\*

## NEW LOOK

BODY – 1H OR 1H30

The silhouette is reshaped by this slimming and firming massage that combines precise motions and state-of-the-art manual techniques. These draining gestures are associated with rolling, as well as the “Skin Lift” method, allowing a deep and exceptional anti-cellulite action.

## D-TISSUE

BODY – 1H OR 1H30

This slow and deep massage is aimed at releasing tensions and reoxygenating muscles, through precise treatment techniques. To enable the body to feel free once again, meticulous massage movements combine strength with a gentle touch, helping to eliminate toxins and relieve aching muscles. It is the ultimate high-performance treatment, ideal for recovering after sports or a workout, and for delivering instant relaxation.

## D-BALANCE

BODY – 1H OR 1H30

Inspired by acupressure techniques, this energising treatment includes a series of frictions and heating massage movements, which open up the muscles in order to improve tone, release physical energy and restore inner wellbeing. It stimulates the body's biorhythm, to boost energy circulation. Deeply detoxified and regenerated, the body is fully revitalised and regains its inner strength.

## BODY RELEASE

BODY – 1H OR 1H30

Deep relaxation and a complete sense of letting go. That is the promise of this multi-sensory journey. A holistic massage, combined with slow and enveloping movements over the entire body, to release muscular tensions one by one. Deeply relaxed, the body becomes a haven of restored inner peace.

## CRYO DIOR

BODY – 30 MIN

Leave with a feeling of ultimate lightness thanks to a tailor-made Dior cryotherapy experience. Wellness Experts carefully work on the body while reducing the temperature to as low as -15°C.

## FACE RESHAPE

FACE – 30 MIN

This treatment is designed as a deep lifting massage for an instantly plumped, sculpted and more resilient face.

## BODY SCRUB

BODY – 30 MIN

Ideal as a preparation for a body treatment, or to simply enjoy a radiance boost for the skin, this express scrub-peel treatment has a double action that combines both mechanical and enzyme exfoliation. A new energy is diffused into the mind and skin, which is illuminated and incredibly soft.

## DIOR SKIN LIGHT LED THERAPY

FACE – 15 MIN

Boost your face or body treatment with the power of red LEDs. At the end of the session, the skin is relaxed and repaired, and the metabolism is rebalanced. The beneficial effect of the light calms the mind and restores harmony.

\* These treatments can be added to any 60 min or more face or body treatment.



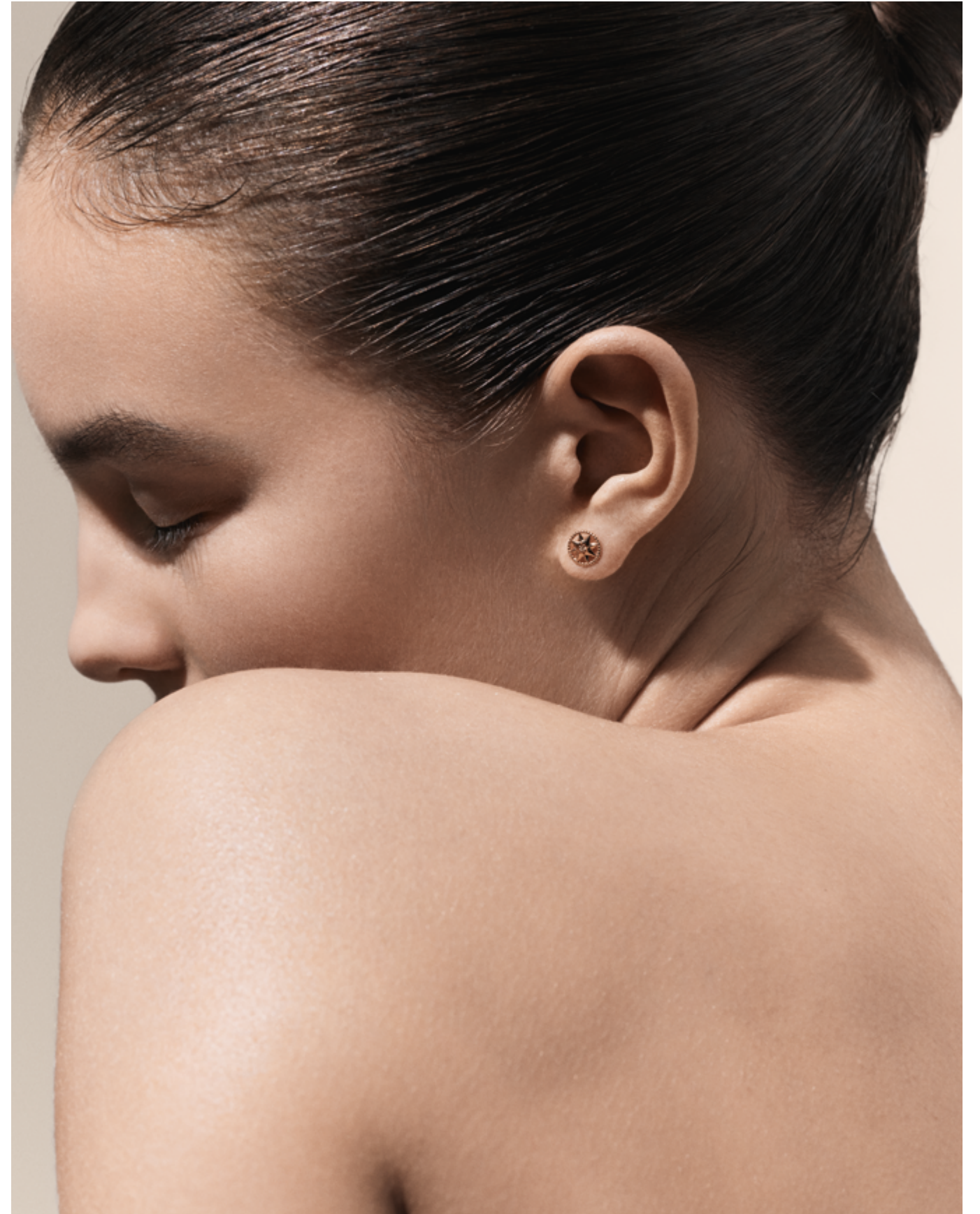
# BODY TECHNOLOGY

Since its inception, the House of Dior has combined its scientific expertise in beauty with manual techniques and cutting-edge technologies. The complementary nature of these two areas of expertise results in treatments that are extremely effective. Without compromising on sensory feeling, they offer the ultimate beauty and wellbeing experience.

## D-WAVES

BODY – 60MIN

By combining electrostimulation of the metamers with cryotherapy, this technology intensely detoxifies tissues, and reduces subcutaneous and visceral fatty deposits. It tackles cellulite, to firm the skin with instantly visible results. Several programs are available, from the detox to the visceral fat and to blood circulation, the personalisation options are infinite and can be tailored depending on individual needs of today but also of tomorrow. The treatment always starts with a private consultation in order to define the right program for your needs.



# WELLNESS ON DEMAND TREATMENTS



The Dior Wellness On Demand Treatments are a 30 minute concentrate of pleasure and efficiency. A unique approach to personalize each treatment and extend this precious interlude. These treatments can be booked alone or combined with others.

## MICRO-ABRASION BOOSTER

FACE – 30 MINUTES

An exfoliating interlude with a spectacular anti-aging promise that stimulates deep skin regeneration combined with photostimulation to amplify the results. The face is instantly illuminated.

## CRYO DIOR

BODY – 30 MINUTES

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## FACE RESHAPE

FACE – 30 MINUTES

This treatment is designed as a deep lifting massage for an instantly plumped, sculpted and more resilient face.

## EYE REHAB

FACE – 30 MINUTES

Dedicated to the eye area, this anti-fatigue treatment combines sculpting pressure, a decongesting panoramic mask and exclusive Dior cryo-modelling, for a fresh, awakened and smoothed eye contour.

## BODY SCRUB

BODY – 30 MIN

Ideal as a preparation for a body treatment, or to simply enjoy a radiance boost for the skin, this express scrub-peel treatment has a double action that combines both mechanical and enzyme exfoliation. A new energy is diffused into the mind and skin, which is illuminated and incredibly soft.

## BACK RELEASE

BACK – 30 MIN

A bespoke back massage with an instant wellbeing effect, perfect for eliminating the stress of the day, or simply to relax at any time.

## FOOT RELIEF

FEET – 30 MIN

Inspired by reflexology of the feet, this energising massage enhances any body or facial treatment. As well as boosting circulation, it leaves an exquisite feeling of lightness in the legs and feet. The body and mind feel as if they are weightless.





# GROOMING RITUALS



# GROOMING RITUALS

This bespoke service created especially for Dior Luxury Beauty Retreat Doha blends the expertise of our Dior Wellness Therapists with the knowledge of our expert Dior Grooming Ambassadors, bringing the art of barbering to the next level. Using the Sauvage Grooming and Mencare products, transform your classic shave into a real moment of unwinding and relaxation outside of this busy world.

## THE DIOR LUXURY BARBER EXPERIENCE

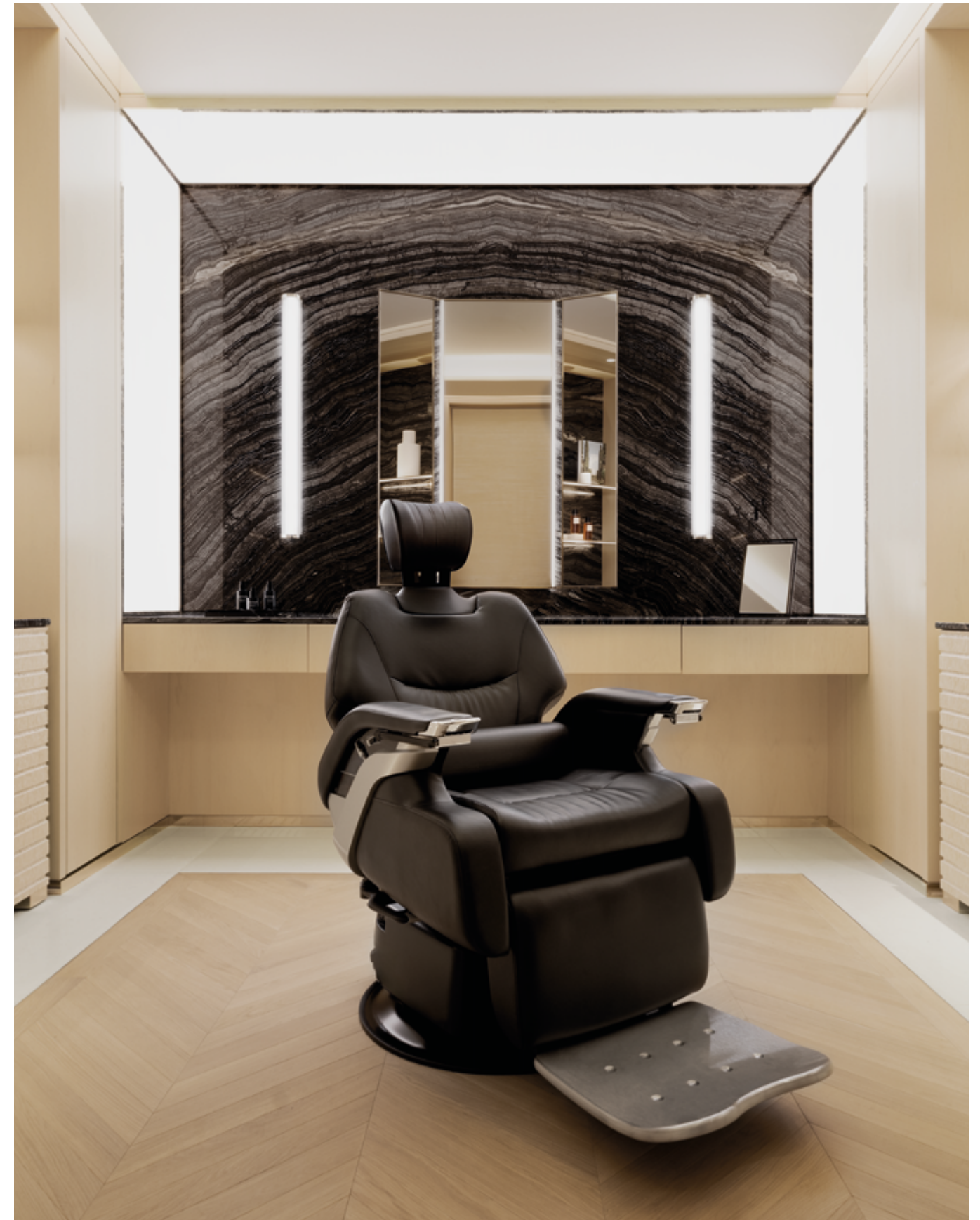
BEARD AND FACE – 1H

Beyond a tailor-made beard trimming, this exclusive treatment offers an absolute skin comfort and a ultimate state of well-being. After the shave, a detoxifying face massage will be performed, followed by the application of a purifying mask and a complete hydrating routine. The beauty of the beard and the radiance of the skin are revealed. The precise gestures stimulate growth, define the beard and deeply soothe the face.

## THE DIOR SHAVE

BEARD – 30 MINUTES

The expert gestures of Dior barbers, offering a tailor-made beard trimming experience. The beard is perfectly cleaned, moisturized and shaped.







# BEAUTY

BEAUTY FOR HANDS AND FEET  
DIOR MAKEUP BACKSTAGE



# BEAUTY FOR HANDS AND FEET

## THE DIOR HAND CARE RITUAL

HANDS OR FEET – 1H OR 1H10 OR 1H30

This stunning and customized treatment especially designed for hands is an absolute moment of relaxation. The treatment includes a delicate application of a semi-permanent nail polish.

## THE PRÊT-À-PORTER RITUAL

HANDS OR FEET – 45 MINUTES

The art of comforted hands and feet. Nails are perfectly structured and cleaned. This does not include polish.

# DIOR MAKEUP BACKSTAGE

Beauty treatments using Dior Makeup expert techniques and products.

## BESPOKE MAKEUP

FACE – 1H

The secrets of custom makeup revealed by the Dior makeup artist to create a look tailored to your personal style. Whether it's effortless, natural makeup or spectacular evening glamour, experience the ultimate Dior makeover.

## DIOR SEASONAL LOOK

FACE – 30 MINUTES

Each Fashion Week, inspired by the Dior show, benefit from a unique make-up look, enriched by the Dior Backstage expertise for a complete and personalized 30-minute





The Constellation Double Suite can be booked for 30min, for a fee of 470QR per person on top of a treatment.

SIGNATURE TREATMENTS

ESCALE À DOHA – FACE AND BODY	2H	1990QR
THE HOT QUARTZ SAND BATH RITUAL – FACE AND BODY	1H OR 1H30	1400/1600QR

EXCEPTIONAL TREATMENTS

GOLDEN AURA – FACE	1H30	2000QR
LE SOIN PREMIER – FACE	1H30	1400QR
THE MIDNIGHT TREATMENT – FACE	1H30	1400QR
DIOR CRYO-360° EYE TREATMENT – FACE AND BACK	1H30	1370QR

EXPERT PROTOCOLS

KOBI DIOR – FACE	1H	950QR
DIOR SKIN-NUTRITION – FACE	1H	950QR
GLOW D-TOX – FACE	1H	950QR

SKIN TECHNOLOGY

DIOR POWERED BY HYDRAFACIAL – FACE	45 MIN OR 1H30	980/1700QR
DIOR MICRO-ABRASION – FACE	1H OR 1H30	980/1400QR

BODY TECHNOLOGY

D-WAVES – BODY	60 MIN	1050QR
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MASSAGE THERAPIES

NEW LOOK – BODY	1H / 1H30	910/1190QR
D-TISSUE – BODY	1H / 1H30	910/1090QR
D-BALANCE – BODY	1H / 1H30	910/1090QR
BODY RELEASE – BODY	1H / 1H30	910/1090QR

WELLNESS ON DEMAND TREATMENTS

MICRO-ABRASION BOOSTER – FACE	30 MIN	580QR
CRYO DIOR – BODY	30 MIN	580QR
FACE RESHAPE – FACE	30 MIN	540QR
EYE REHAB – FACE	30 MIN	540QR
BODY SCRUB – BODY	30 MIN	470QR
BACK RELEASE – BODY	30 MIN	470QR
FOOT RELIEF – FEET	30 MIN	470QR
DIOR SKIN LIGHT LED THERAPY – FACE	15 MIN	310QR

GROOMING RITUALS

THE DIOR LUXURY BARBER EXPERIENCE – BEARD AND FACE	1H	430/540QR
THE DIOR SHAVE – BEARD	30 MIN	250QR

BEAUTY

THE DIOR HAND CARE RITUAL – HANDS OR FEET	1H / 1H10 / 1H30	290/330/360QR
THE PRET-A-PORTER RITUAL – HANDS OR FEET	45 MIN	250QR
BESPOKE MAKEUP – FACE	1H / 1H10 / 1H30	360QR
DIOR SEASONAL LOOKS – FACE	45 MIN	290QR

## OPENING HOURS

Your Dior Luxury Beauty Retreat is open every day, 24 hours a day.

## HOW TO BOOK

For bookings and enquiries, your Dior team will be delighted to assist you by email or telephone  
diorspa@qatarairways.com.qa  
+974 51108316

All treatments and services in this brochure are subject to availability at time of booking.

## HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries which could affect your choice of treatment upon your spa reservation.

## SPA ARRIVAL

At Dior Luxury Beauty Retreat, every spa treatment begins with a personalised welcome and consultation. We therefore recommend that you arrive 15 minutes in advance of your treatment. Please be advised that late arrivals will result in a reduction of treatment time and that the same treatment price will apply.

## SPA ETIQUETTE

Each spa suite gives you complete privacy with your own changing room to refresh before or after your flight.

Our spa environment is one of tranquility and relaxation, we therefore kindly ask that all mobile phones and electronic devices are turned to silent mode or turned off.

## GIFT CARDS

Invite a friend or loved one to experience an exceptional moment of wellbeing in the tranquil setting of the Dior Luxury Beauty Retreat Doha, thanks to our gift cards available at the Spa Reception.

## LOSS OR DAMAGE

The spa cannot be held responsible for any loss or damage of any personal belongings.  
We would advise use of our secure lockers for your luggage.

## CANCELLATION POLICY

Bookings can be modified, subject to availability, or cancelled at no charge up to 24 hours prior to time of appointment.



DIOR